

★Address **☎**TEL **□**Open **□**Closed **□**Facilities

available, from tourism to household living. They are operated by community residents. You may also use them as free rest spaces.

What is a Sato no Eki?

At Sato no Eki, various types of information about the local area is

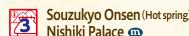
■North Course ■Circuit Course

Jakuchikyo Tourist Information Center

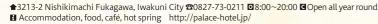
The Tourist Information Center at the entrance of Jakuchikyo Valley, an area known for the Goryu Waterfalls and the Jakuchi River. The Jakuchi River was chosen as one of the best 100 natural water sources in Japan. A lot of tourists visit here,



North Course Circuit Course



A natural radon hot spring with water directly drawn from the hot spring source. Coffee made using hot spring water is popular as well. Day-service and overnight-stay plans with meals, hot spring bathing, and travel rest stops are



Circuit Course



You can try making soba noodles, konnyaku, and tofu pounding mochi, and processing miso. Reservations ar required one week in advance by phone.



● Central Course ● Circuit Course



Lake Plaza Yasaka @

National Holidays II Lesson and exchange facility http://fureai-aka.com/

A tourism facility next to Lake Yasaka. There is a restauran with a variety of meals on the menu and a wide selection o local specialty items is available. Also, you can enjoy leisur activities at the lake such as boat renting, etc.



★1039 Miwamachi Aka, Iwakuni City ☎0827-97-0010 ☑9:00~17:00 ☑Saturdays, Sundays, and

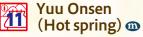


Mendokoro Kinmeiji

Popular for its Kurakake soba noodles, a local Kuga specialty. Udon noodles and onigiri rice balls are available as well. Located along Kinmeiji street with heavy traffic, so

1577-2 Kinmeiji, Iwakuni City **1**1:00∼14:00 **S**undays ■ Soba noodles, onigiri rice balls, etc.





A facility equipped with a hot spring (with an open air bath) popular for its curative properties, a sauna, and a bedrock bath. Enjoy a soothing hot spring and relax with meals and a rest area.





★777 Yuumachi, Iwakuni City **☎**0827-63-0755 **◘10:00~21:00 ◘**Tuesdays (Open on national holidays)

●North Course ●Circuit Course

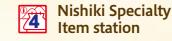


Located by the side of the Fukadani River, a limpid stream that is famous as a spot for "sawa" alpine climbing. Enjoy a relaxing hot bath and delicious local food. Cottage accommodation is available as well.



♠1075 Nishikimachi Usago, Iwakuni City ☎0827-74-5100 ☎10:00~20:00 (Opens at 9:00 on Sundays Hot spring, accommodation, restaurant, food, parties http://www.go-rakan.jp/

●North Course ●Circuit Course



Items handmade by locals, like wasabi pickled products konnyaku, and sushi, are popular here. Also, there are plenty of seasonal products such as autumn matsutak ushrooms and various kinds of fruits.





♠ Nishikimachi Hirose, Iwakuni City ☎0827-72-3180 ☑9:00~17:00 ☑ The second and the fourth Tuesday of each month **B** Local product sale, tourism information

● Central Course ● Circuit Course



Furusato Market

Specialty fresh vegetables and processed food made in Miwa are sold here. In the autumn, you will find the local specialty product, Ganne chestnuts. Also, you can enjoy delicious udon noodles and onigiri rice balls.





★ 619-4 Miwamachi Shibukuma, Iwakuni City **☎** 080-1942-5632 **☑**8:30~17:30 **☑**Mondays Agricultural Produce Market

● Central Course ● Circuit Course



Hashi no Eki Kintaikyo Tenbo-Ichiba

Enjoy local food such as Iwakuni sushi and refreshmen while looking out at the Kintaikyo Bridge. You can also get tourist information for the Kintaikyo Bridge area





★1-1-42 Iwakuni, Iwakuni City **☎**0827-43-3630 **☑**9:30~18:00(Closes at 17:00 from September to March) GOpen all year round. General tourist center, restaurant http://www.tenboichiba.com/

South Course Circuit Course



Marutamura @

A facility popular for woodcraft workshops, barbeque, and lodge resting and overnight accommodations. Also, depending on the season, there are plenty of events such as shiitake mushroom planting lessons and moss ball making





♠137-2 Shutomachi Youda, Iwakuni City ☎0827-84-1213 ☑9:00~17:00 ☑ The New Year holiday season and Wednesdays (Open every day in July and August)

Accommodation, barbeque, woodcraft workshop http://yeforest.org/maruta/

● South Course ● Circuit Course



A facility that overlooks a beach popular among sea-goer. in the summer. Enjoy the dining area, local specialty shops, and the Micro-Life Museum (a microorganism exhibit) This is a popular spot for numerous tourists all year round.





17:30 from December to February) Tuesdays (the sales shop is open every day in July and August) ■ General communication terminal http://shiokaze-kouen.net/

Recommended Areas to See

There are lots of areas to see in the four courses. Out of all great places, here are some highlighted areas you should check out. Get off your bike, relax, and enjoy yourself.



A. Fresh-flow Usa River

One of the best limpid streams in the western Japan. The proof of that is that the ayu caught in this river has won the grand prix twice at the national contest for ayu tasting. You should try ayu



C. Myojinbara Nagomi Park

This park is best visited during the cherry blossom season. Resting with cherry blossoms around you is out of this world. Of course, this park can be a very relaxing place in other seasons as



E. Cherry Tunnel

A line of cherry trees near Kintaikyo Bridge is popular as a "Cherry Tunnel". The refreshing feeling when cycling on this street is a completely unique experience.



G. Hiroshima Toyo Carp Yuu Practice Field

How about watching a professional baseball match while cycling? You can enter without any charge for a public Western League match. A parking fee of 800 yen applies when you come by car.



B. Fresh-flow Nishiki River

The Nishiki river presents a different scenic atmosphere for each area and season. Lower-water crossing (a bridge that sinks downward when the water rises) is one of them. Cycling at eye sight level close to the surface of the water is refreshing.



D. Lake Yasaka & Yasaka Dam

This dam is one of the best 100 dam lakes in Japan. Yasaka Ohashi Bridge is the longest artificial lake bridge in western Japan. There are a lot of leisure activities such as boat rental and park golf, as well as many places to eat.



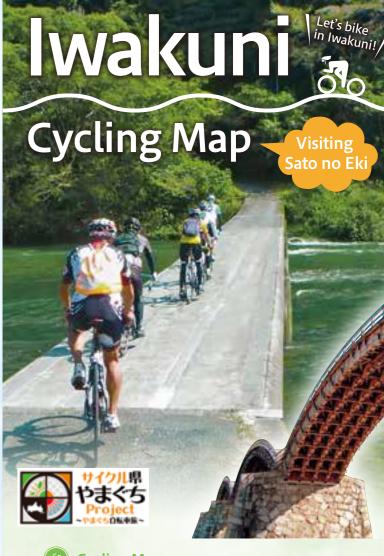
F. Lake Nakayama & Nakayamagawa Dam

A calm dam lake where canoe competitions take place. Especially during the autumn leaf season, it is very colorful. Explore the area, enjoy the view, and feel the forest air.



H. Shiokaze Park

A multi-purpose facility with a beautiful sand beach, good meals, and a full bevy of conveniences including restrooms Especially in the summer this park has the atmosphere of a southern island with a throng of beach-goers.



රිති Cycling Manners

- Form one line and ride on the left side of the road.
- On pedestrian sidewalks (where bikes can be ridden), yield for pedestrians and ride slowly.
- Follow the traffic lights and signs.
- You are required to perform two-stage right turns at the intersections.
- Step off the bike and walk with the bike when there is no bicycle crossing zone sign on crosswalks.
- Riding intoxicated is prohibited.
- Don't ride a bicycle while also doing other things.
- · Riding a bicycle while listening to music with earphones on, etc.
- · Riding a bicycle while operating a cell phone or a smartpohone. · Riding a bicycle while using an umbrella.
- Wear a helmet
- Use the headlight and taillight (or reflection material) inside a tunnel or when it gets dark outside
- Do not ride at high speeds.

Cautionary Items

- Check with each Sato no Eki respectively for the climate circumstances for snow and ice on the road in the winter, etc. beforehand.
- Ride cautiously on narrow streets such as National Route 187.
- The information on this sheet is current as of January 2019.

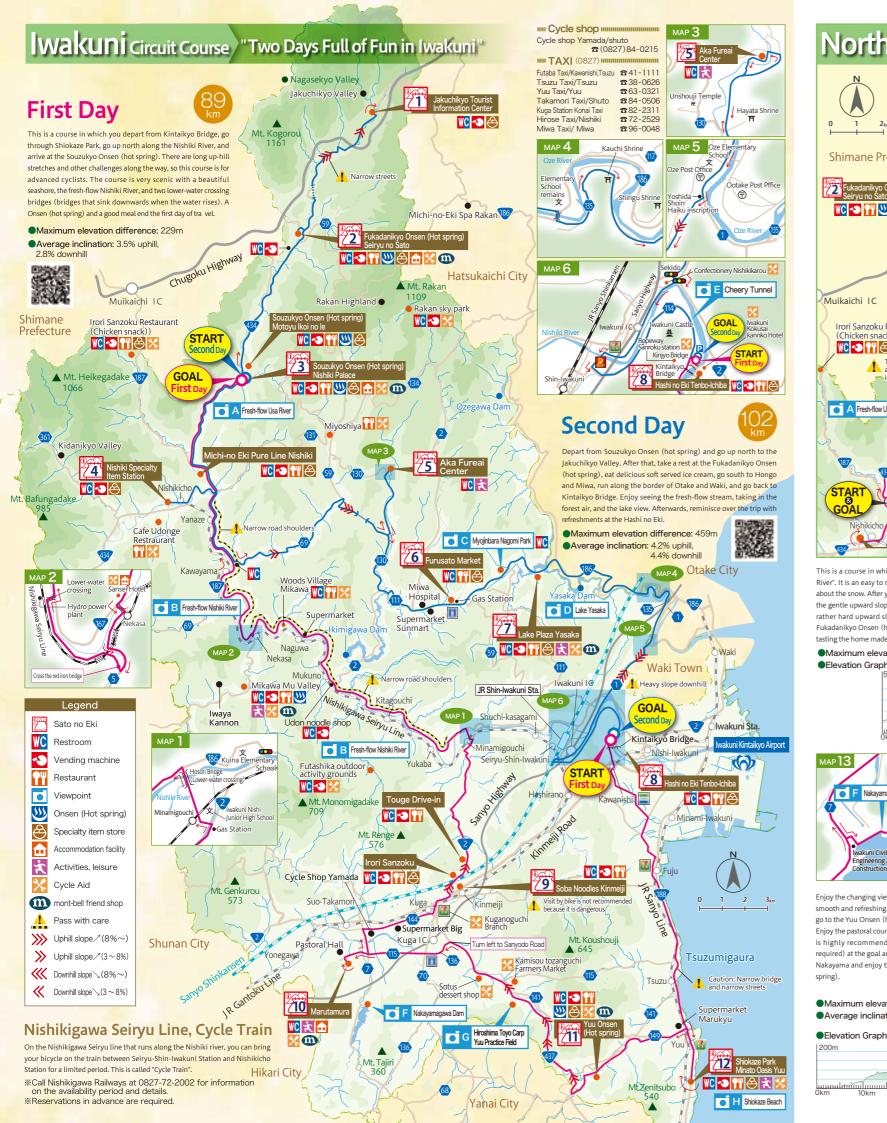
Iwakuni Sato no Eki Network Association Bureau (Inside the Yamashiro Commerce and Industry Association)

TEL/0827-76-0100 FAX/0827-76-0800 1310-4 Mikawamachi Shimegami, Iwakuni City, 740-0502

http://satonoeki.net **This Pamphlet was created as a project for Small business support

●Edited by Mokuyo-kai (Shinichi Muranaka, Yoshitaka Kimura, and Takashi Katayama) Ocover Photo: Takashi Katavama

Sato no Eki with this symbol have a friend shop with the mont-bell. Members receive special complimentary services.





This is a course in which you enjoy one of the best fresh-flow streams in the Chugoku region, "Usa River". It is an easy to ride course since there is not much traffic. In the winter you have to be cautious about the snow. After you depart from the Michi no Eki, you go up north along the Usa River. You go up the gentle upward slope for a while and when you get close to the Jakuchikyo Valley, you experience a rather hard upward slope. You roam through Jakuchikyo Valley and go back. After you eat at the Fukadanikyo Onsen (hot spring), you go through the old town area in Nishikicho at the end and enjoy tasting the home made specialty items at "Nishiki Specialty Item Station".

■ Maximum elevation difference: 395m ■ Average inclination: 4.1% uphill. Elevation Graph 4.1% downhill

Cheery Tunnel Kintaikyo Bridge The course has two dam lakes and it is especially recommended to visit during the cherry blossom season. There are up-down hills or the way, but it is relatively smooth. When you start from near Kintaikyo Bridge, there is a "Cherry Tunnel". And, the area around the Ikimigawa Dam is a great spot since there are not many visitors. Myojinbara Nagomi Park is a famous cherry blossom spot and a great place to rest. After reaching the goal, you should enjoy some café time at the Hashi no Eki Tenbo-Ichiba while enjoying the view of

Enjoy cherry blossoms

@

Hiroshima Prefecture

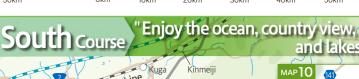
WC - PT 6

D Lake Yasaka

C Myojinbara Nagomi Park

cherry blossoms at the Kintaikyo Bridge

● Maximum elevation difference: 183m ● Average inclination: 4% uphill, 4% downhill ■Elevation Graph



Centralcourse

Ikimigawa Dam

WC Udon noodle shop



Enjoy the changing views of the ocean, country area, and lakes. This course is relatively smooth and refreshing. After you take off from Shiokaze Park at a beautiful beach, you go to the Yuu Onsen (hot spring) on the way and make your way to Yanai City Ikachi. Enjoy the pastoral countryside expanse. At Lake Nakayama, viewing the autumn leaves is highly recommended. You can enjoy woodcrafts and barbeque (reservations required) at the goal area "Marutamura". On the way back, you can circle around Lake Nakayama and enjoy the view. Afterwards, you can refresh yourself at Yuu Onen (hot

●Maximum elevation difference: 171m Average inclination: 3.1% uphill, 3.1% downhill

